

**Cabin Crew
Water Competency Assessment Form**

It is a requirement for the position of Cabin Crew that you can demonstrate a pre-determined level of swimming ability.

If you possess any of the following please scan and attach a copy of your certificate (certification must be current) to your online application.

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|----------------------|--|
| Bronze Medallion | Pool Lifeguard Award |
| Pool Lifeguard Award | Pool Lifeguard License |
| Bronze Star | Other – please describe on your application form |

If you do not currently possess any of the above, you must be assessed using this form. These competencies must be current at the time of submission.

Assessment of Water Competency

You are required to contact a pool in your local area and make an appointment to be assessed by a Qualified Lifeguard. You will be required to demonstrate that you can swim 50 meters in Freestyle, Breaststroke or Sidestroke unaided and tread water for three (3) minutes unaided without stopping.

Please complete this section

I, _____, applicant for the role of Cabin Crew, have been assessed for the following competencies:

Assessors – please tick if competent, please cross if not competent.

- Swim 50m in Freestyle, Breaststroke or Sidestroke unaided
- Tread water for three (3) minutes unaided without stopping

Assessed by Qualified Lifeguard

| | |
|---|--|
| Lifeguard Name | |
| Lifeguard Signature | |
| Lifeguard Member/License/Client Number | |

Applicants please upload this form, once completed, to your online application via our website – [Existing Applicant Login – Virgin Australia](#)