## COMPETITIVE SQUAD TRAINING SCHEDULE

Effective: 1 June 2025

June 2025		Banksia	Acacia	Wattle	Waratah	Bottlebrush
		James Greathead	George Hanretty	Daniel Benvenuti	Anne Donaire	Matt Wilson
1/06/2025	Sun	5	5	5	5	
2/06/2025	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	4pm - 5.15pm
	Mon PM	4pm - 6.30pm	4pm - 6.30pm	4pm - 6.30pm		5.15pm - 6.30pm
	Tue AM	5am - 7am	5am - 7am	5am - 7am		0.100111 0.000111
3/06/2025	Tue PM				4pm - 6.00pm	4pm - 5.15pm
						5.15pm - 6.30pm
4/06/2025	Wed AM Wed PM	5am - 7am 4pm - 6.30pm	5am - 7am 4pm - 6.30pm	4pm - 6.30pm	5am - 7am	5.45am-7.00am
	Thu AM	5am - 7am	5am - 7am	5am - 7am		
5/06/2025	Thu PM				Anna 6 00nm	4pm - 5.15pm
					4pm - 6.00pm	5.15pm - 6.30pm
6/06/2025	Fri AM	5am - 7am	5am - 7am		5am - 7am	5.45am-7.00am
	Fri PM	4pm - 6.30pm		4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm
7/06/2025	Sat AM	6am-8am	6am-8am	6am-8am	6am-8am	5. 15pm - 6.30pm
8/06/2025	Sun	oan-oan	odin-odin	oani-oani	oun-oun	
9/06/2025	Mon AM					
5,00/2020	Mon PM					
10/06/0005	Tue AM	5am - 7am	5am - 7am	5am - 7am		
10/06/2025	Tue PM				4pm - 6.00pm	4pm - 5.15pm
	Wed AM	5am - 7am	5am - 7am		5am - 7am	5.15pm - 6.30pm 5.45am-7.00am
11/06/2025	Wed PM	4pm - 6.30pm	4pm - 6.30pm	4pm - 6.30pm	Jain - / ain	0.40am-7.00am
	Thu AM	5am - 7am	5am - 7am	5am - 7am		
12/06/2025	Thu PM				4pm - 6.00pm	4pm - 5.15pm
						5.15pm - 6.30pm
13/06/2025	Fri AM	5am - 7am	5am - 7am		5am - 7am	5.45am-7.00am
	Fri PM	4pm - 6.30pm		4pm - 6.30pm		4pm - 5.15pm
14/06/2025	Sat AM	6am-8am	6am-8am	6am-8am	6am-8am	5.15pm - 6.30pm
15/06/2025	Sun	odini odini	oun oun	ourn ourn	odini odini	
16/06/2025	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	
	Mon PM	4pm - 6.30pm		4pm - 6.30pm		4pm - 5.15pm
			4pm - 6.30pm			5.15pm - 6.30pm
17/06/2025	Tue AM	5am - 7am	5am - 7am	5am - 7am		
	Tue PM				4pm - 6.00pm	4pm - 5.15pm 5.15pm - 6.30pm
18/06/2025	Wed AM	5am - 7am	5am - 7am		5am - 7am	5.45am-7.00am
	Wed PM	4pm - 6.30pm	4pm - 6.30pm	4pm - 6.30pm		
19/06/2025	Thu AM	5am - 7am	5am - 7am	5am - 7am		
	Thu PM				4pm - 6pm	4pm - 5.15pm
						5.15pm - 6.30pm
20/06/2025	Fri AM	5am - 7am	5am - 7am		5am - 7am	5.45am-7.00am
	Fri PM	4pm - 6.30pm		4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm
21/06/2025	Sat AM	6am-8am	6am-8am	6am-8am	6am-8am	0. ropin = 0.00pin
22/06/2025	Sun					
	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	
23/06/2025	Mon PM	4pm - 6.30pm		4pm - 6.30pm		4pm - 5.15pm
	Tue AM	5am - 7am	4pm - 6.30pm 5am - 7am	5am - 7am		5.15pm - 6.30pm
24/06/2025		barn - 7am	pam - /am	parn - /am		4pm - 5.15pm
	Tue PM				4pm - 6.00pm	5.15pm - 6.30pm
25/06/2025	Wed AM	5am - 7am	5am - 7am		5am - 7am	5.45am-7.00am
	Wed PM	4pm - 6.30pm	4pm - 6.30pm	4pm - 6.30pm		
26/06/2025	Thu AM	5am - 7am	5am - 7am	5am - 7am		
	Thu PM				4pm - 6.00pm	4pm - 5.15pm
	Fri AM	5am - 7am	5am - 7am		5am - 7am	5.15pm - 6.30pm
27/06/2025			oam - /am		oam - /am	5.45am-7.00am 4pm - 5.15pm
	Fri PM	4pm - 6.30pm		4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm
28/06/2025	Sat AM	6am-8am	6am-8am	6am-8am	6am-8am	ee.m e.eepin
29/06/2025	Sun					
30/06/2025	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	
	Mon PM	4pm - 6.30pm		4pm - 6.30pm		4pm - 5.15pm
	1		4pm - 6.30pm			5.15pm - 6.30pm

Training Cancelled Training Change Pool Session - Training Pool